

MONTHLY MEETING DATES AND SPEAKERS

MEETINGS WILL BE HELD AT 7.30pm at Kesgrave Social Club, Edmonton Road, Kesgrave, IP5 1EE usually on the first Tuesday of each month. All members are welcome.

Future dates and speakers

2018

4th	December	Musicology	Live entertainment
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2019

8th	January	Karolyn & David Howlet	The Way we Were
5th	February	Nelleke van Helfteren	Ipswich Citizens Advice
5th	March	Annie	Vocalist/Keyboard
2nd	April	Naomi Kerans	Rescue Dogs
7th	May	Roger Osborne	Westerfield to Wembley
4th	June	What No Cake!!!!	Ukelele Band.

If you belong to any other groups or have heard speakers that you could recommend to our group please get in touch with Doreen Robinson on (01473) 402429

IMPORTANT NOTICE TIME CHANGES FOR 2019

IN JANUARY, FEBRUARY AND MARCH OF 2019 THE MEETINGS WILL COMMENCE AT 2.00p.m.

APRIL, MAY, JUNE, JULY, AUGUST AND SEPTEMBER WILL REVERT TO THE EVENING START TIME OF 7.30p.m.

OCTOBER, NOVEMBER AND DECEMBER MEETINGS WILL COMMENCE AT 2.00pm.

TRAVEL - CURRENT PROGRAMME

Travel Organisers:

Doreen & David Robinson

10 Dales View Road, Ipswich, IP1 4HL

Tel: (01473) 402429

E-mail: david.robinson4@ntlworld.com

2018

10 - 14th December Warners, Nidd Hall Hotel, Harrogate, Yorkshire

*20th December Thursford

2019

8 - 12th July Warners, at Bembridge, Isle of Wight

9 - 13th December Warners at Alvaston Hall, Cheshire

* Early booking is advised as this show is extremely popular.

Please contact us for full details of cost/deposits/vacancies required.
We maintain reserve lists for most of our events and we **have always needed them.**

Cheque payment should be made payable to Heartbeat East Suffolk

PEOPLE TRAVELLING WITH HEARTBEAT SHOULD TAKE OUT INSURANCE COVER TO INCLUDE THE FOLLOWING:

LOSS OF DEPOSIT, HEALTH CONDITIONS,
LOSS/DAMAGE OF/TO LUGGAGE & CANCELLATION CHARGE

Don't forget to bring your *up-to-date* Medicard

It is vital that you obtain a Heartbeat Medicard. We have had several incidents in the past when these cards have been extremely important to attending doctors or necessary visits to local hospitals.

Contact the editor for an application form.

DOREEN & DAVID